

**DISABILITY
RIGHTS
LEGISLATIVE DAY
2025**



DRLD 2025
Wednesday, February 26th

LIVE OR WATCH THE LIVESTREAM
Go to drld.org for more info!



Emmaus

BOONE COUNTY
**Family
RESOURCES**



People First of Boone County





Prep Session

Today's Presenters:

Leigh Anne Haun

Missouri Developmental Disabilities Council

Laura Mueth

Governor's Council on Disability



**Prep
Session**

DRLD.ORG

**THIS IS YOUR BEST
RESOURCE!**

Register TODAY!

Schedule



Prep Session

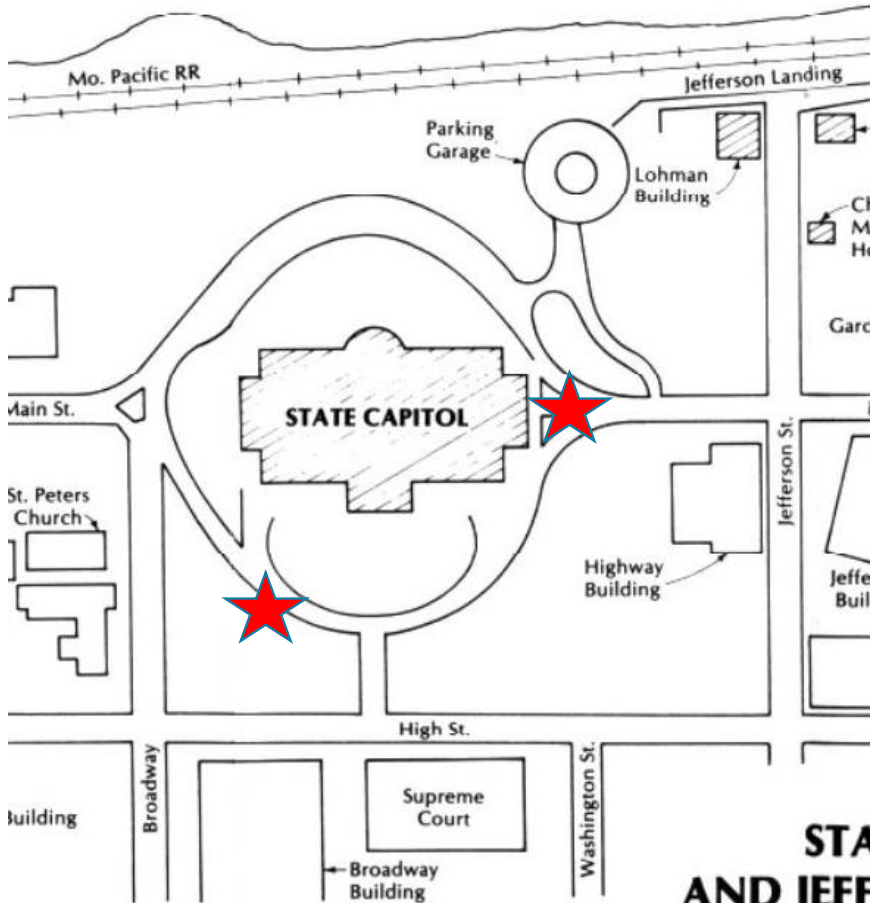
Time	Activity
8am-11am	Arrival at Capitol
	Meet with Legislators View exhibits View Resource Tables (9-11)
11:15-12:15	Rally in Rotunda
12:15-1:00pm	Eat lunch, view resource tables
1:00-3:00	Meet with Legislators Attend Hearings View Exhibits View Resource Tables



Odds and Ends- Parking

The two ★ show drop off points at the capitol.

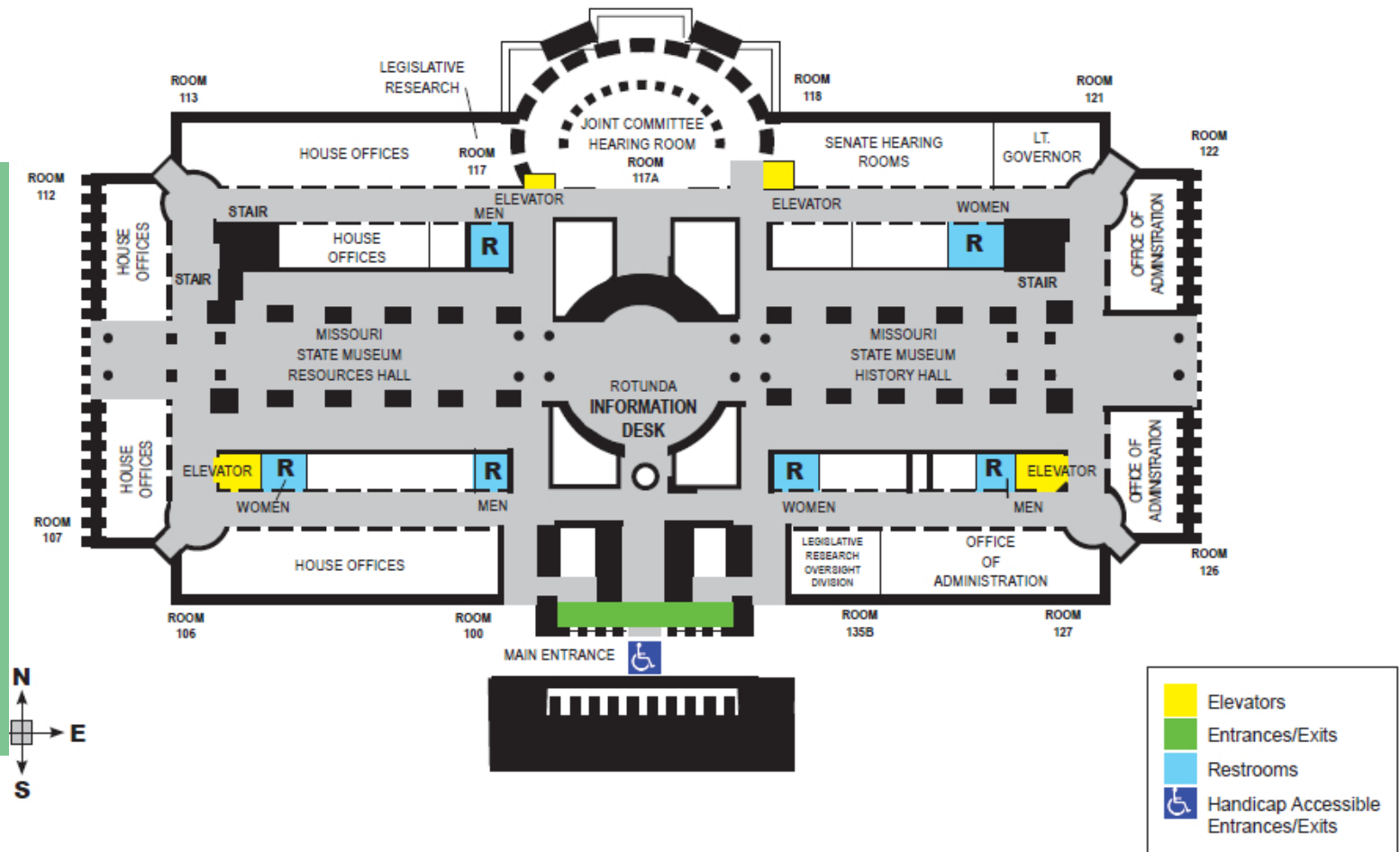
Please be sure to register for any parking updates!





Odds and Ends- Navigation

FIRST FLOOR



- Click on the image to the right to go to the full map and explanation of accessibility on all floors of the capitol.



Odds and Ends- Navigation

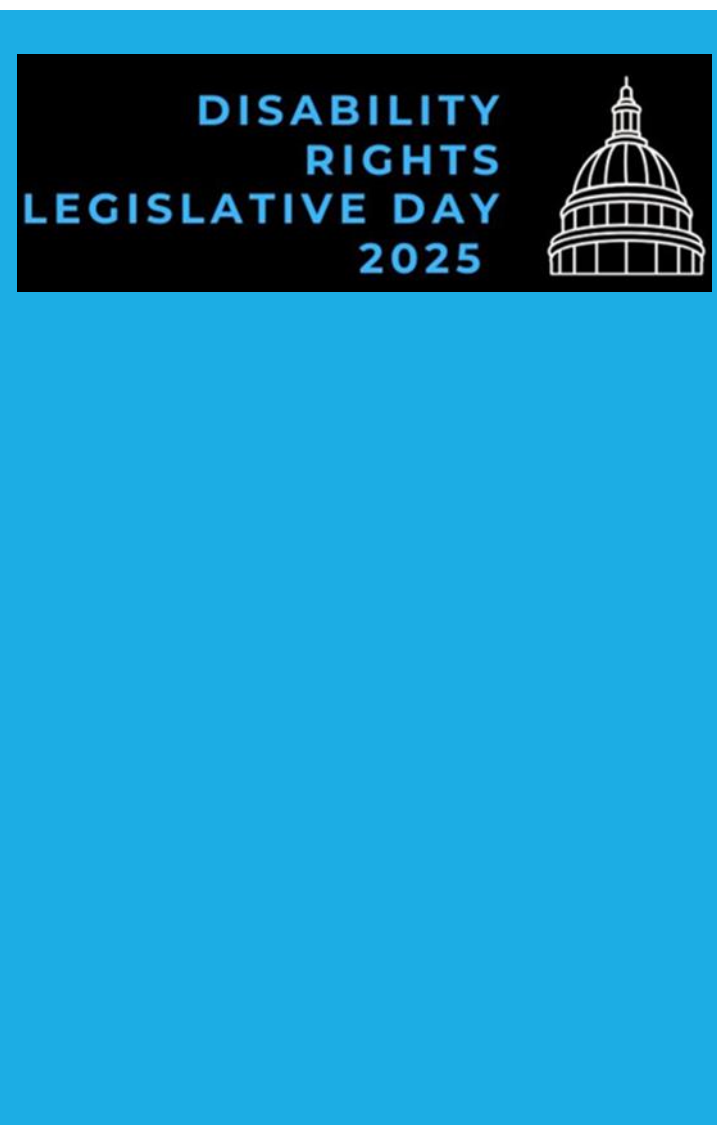
- Hoyer Lift in the Basement Bathroom. Across from Hearing Room 6.





Odds and Ends- Eating

- We suggest bringing your lunch if that is an option. There will be some tables available.
- There is a cafeteria in the basement that accepts cash, credit card and Apple Pay. They have one hot lunch option and sandwiches and salads.
- There are a number of restaurants around the capitol
 - We suggest calling ahead to see if they take reservations or give them a heads up you are bringing a large group



Odds and Ends- What time should I arrive?

- The rally begins at 11:15am.
- Everyone **HAS** to go through security before entering the capitol. This can only be done at the South and East entrances.
- Plan as if there will be a long line when you get there. There will be!
- Getting there early is a good thing! You can explore the capitol, meet with legislators early, visit the exhibits, or check out the resource tables.



Odds and Ends- What should I wear



- Here are some “probably nots”

Odds and Ends- What should I wear



- Here are some great ideas!



Odds and Ends- Volunteers and Support

- There will be an Access Team in bright orange Tshirts. This team can help you:
 - Know what to do next
 - Look up your legislator
 - Go to appointments with your legislator, if they're available.



Odds and Ends- Noise

- The Capitol can get really LOUD, especially during the rally
- Make a plan to bring headphones
- Or, you can contact your legislator ahead of time and ask if you can use their office for some space and break from the noise.

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Prep
Session

Before you meet with your legislator...

- Use this form to plan your meeting.
- You can take it with you to your appointment.

DRLD 2024 LEGISLATIVE ADVOCACY FORM

Use this form to help you plan your visit with your legislator on or after DRLD. You can even take this with you to your appointment.

Legislator Name

Office Phone Number Office #

My appointment is on:

I am meeting my legislator: ☐ In their office ☐ In our district ☐ Both

I looked up my legislator and thought this was interesting:

I want to make sure my legislator knows this about my life:

How can your legislator help you?

Thank them for their time and service. Tell them that you hope to stay in touch in the future.



Prep Session

Survey Results/Priority Areas

- Top Three were: Access to Services, Transportation and Employment
- Theme "Access For All"



Prep Session

Before you meet with your legislator...

Here are questions to think about:

1. What is your name and where are you from? What connections do you have with your legislator?
2. What is important to you?
3. What do you want your legislator to know about your life?
4. How can your legislator help you?



Prep Session

Look them Up!

You can look up profiles of your legislator by:

- Going to their Profile Page on [House](#) or [Senate](#) Websites
- Google them!
 - See if they are in the news
 - Have the made public statements
 - Look them up on Social Media



Ten Easy Ways to Connect With Legislators

1. Find out who your legislator is
2. Save the contact info for easy access
3. Email, call or write to your legislator
4. If you are going to be at the Capitol, let them know
5. If you can't make it to the Capitol, you can request a meeting in the district
6. If you make an appointment at the Capitol, map out where you are going and be prepared
7. Check their schedule for time in their district, Spring Break and after the session are good
8. Prepare your story and talking points to share with them
9. After you meet with them, thank them
10. Keep contacting them all session and all year

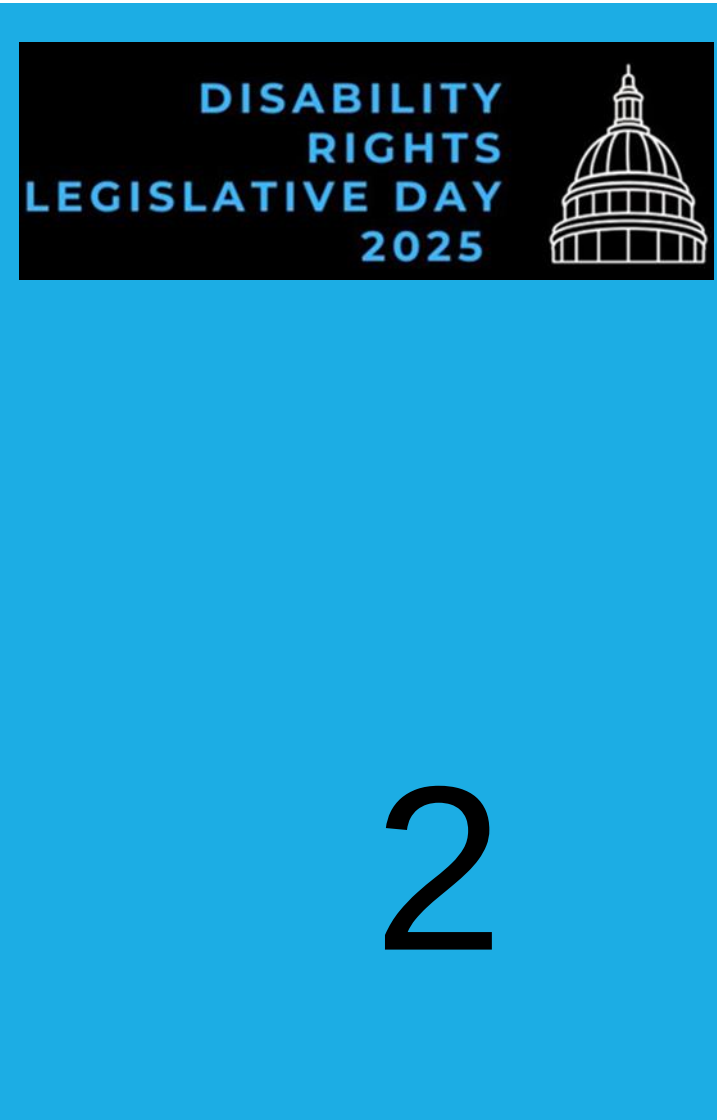


1

Email or call your legislators office

Tell them who you are and that you are their constituent.

Tell them what's important to you
give them your contact information.



Save your legislators contact information

- Make sure it's easy to access
- Be prepared to continue talking to them



3

If you are coming to DRLD in person February 26th, let them know you are coming.

- If you are coming with a group, talk to the leader before making an appointment.
- If you make an appointment, call or email to see if they have time to meet with you **after the rally between 12:30pm** and when you are leaving.



4

Once you make an appointment, make sure to map out how to get to their office.

<https://www.senate.mo.gov/capitol-maps/>

- Ask if their office is accessible so you can meet somewhere else if you need
- Take the info with you
 - their name
 - office information and location



5

Prepare your story and talking points to share when you meet with them.

- If they come to you, you can share your daily schedule and activities.
- If you use home and community-based services, share about that. If you have an aide/staff/attendant see if they might be willing to meet with you as well.
- If you work, share about what that means to you.
- If you are without basic needs like transportation and healthcare, make sure to share those things too.



6

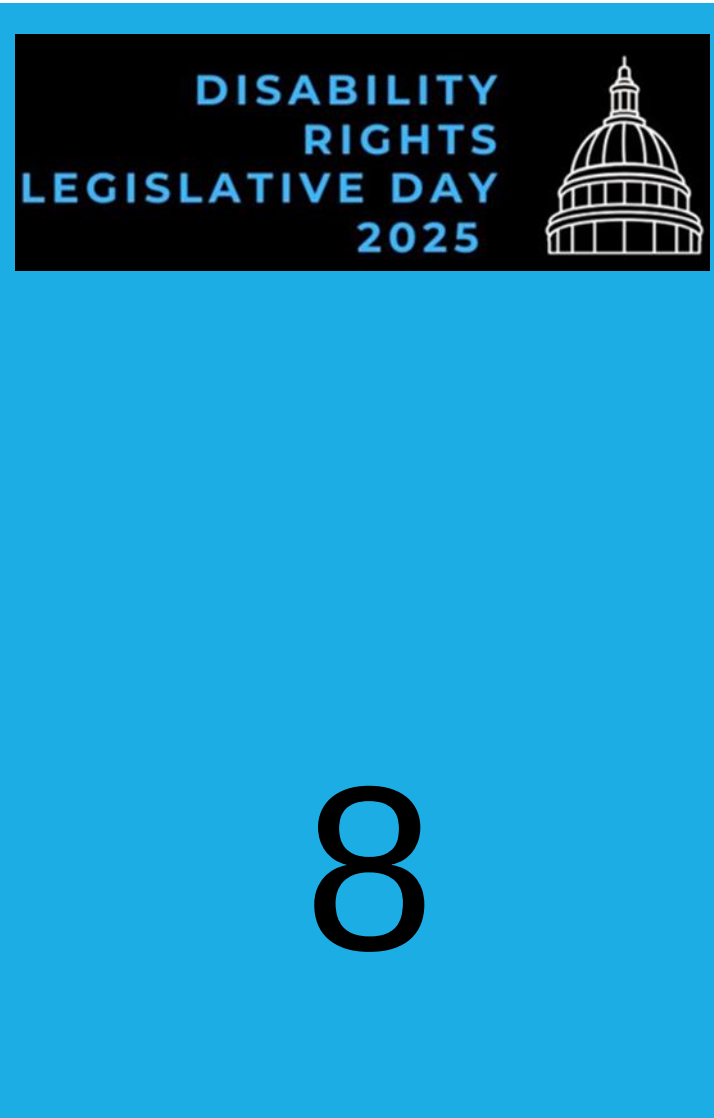
If you are not going to the capitol you can still meet with your **legislators**



7

Spring Break is March 17th-21st

- This is a great time to meet with legislators in your home district.
- Great opportunity whether you are attending DRLD in person or not.
- Invite them to your work, church, meeting or home. Show them more about your life.



Thank them!

- If you meet with them at DRLD or the week of spring break, send a follow up email or make a phone call to say thank you!
- If there is a bill you are following, let them know that and give them the bill number and whether you want them to vote for it or to oppose it.



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Keep contacting them throughout the session

- They will be in session until May.
- June through December they will be home, keep in contact with them.
- Find ways to talk with them or see them at events.



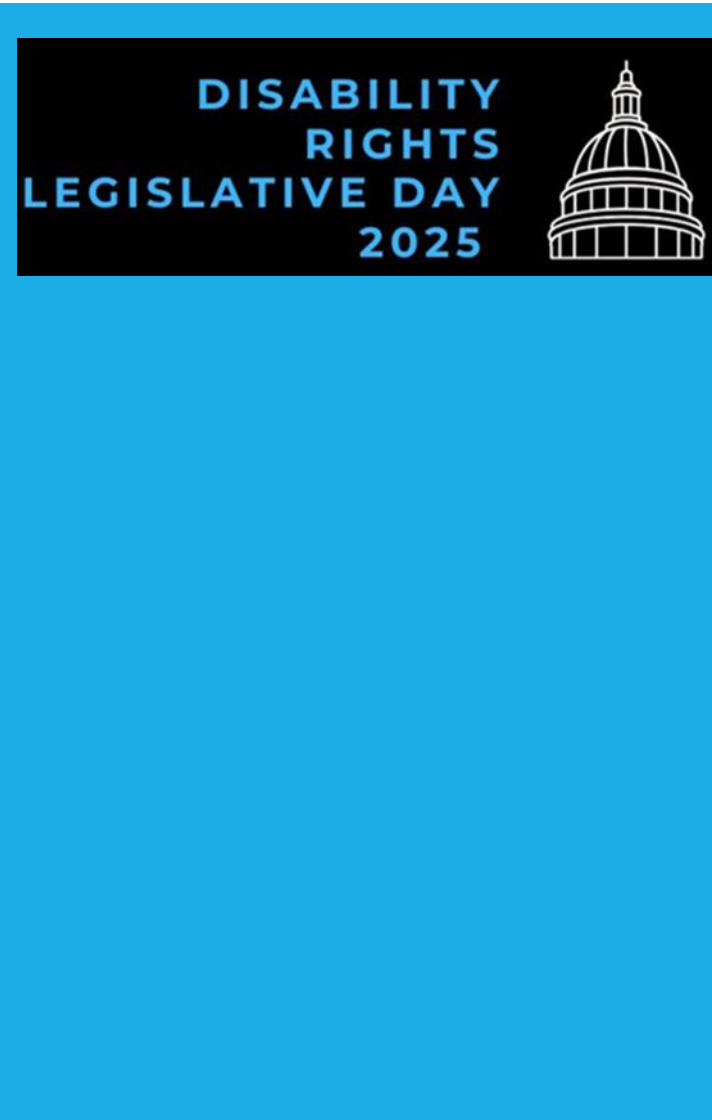
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Laura Mueth

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Upcoming Advocacy and Leadership Opportunities



- MOAAIDD Conference: Sharing Your Story
 - March 20th
 - Columbia, MO
- Storytelling Project: Tonal Range
 - 3rd Floor Rotunda on DRLD